

**Northamptonshire  
Teaching School Hub**

led by Brooke Weston Trust

YEAR  
**1**

**Mentor**

# Welcome to the first year of the ECF Programme //

MODULE 1 // Mentoring to develop strong relationships

MODULE 2 // Precise actions and shared language

MODULE 3 // Not all practise is made equal

MODULE 4 // Managing workload and wellbeing

MODULE 5 // Balancing support and challenge

MODULE 6 // Building resilience



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**Teach  
First** | Training  
Partner